PREOPERATIVE INSTRUCTIONS

The Night Before Surgery:

- If you take daily medication, check with Northwest Surgery Center about what to do the morning of your surgery regarding your medication.
- Use an antiseptic skin cleanser such as "Hibaclens". Follow directions given below.

The Morning of Your Surgery:

- Bathe or shower, to reduce the chance of infection.
- Be at the facility at the time given you. Your surgery could be canceled if you do not arrive in adequate time.
- Wear loose fitting clothing.
- Leave your valuables at home.
- If you have a cold, a fever of 100 degrees F or higher, a skin rash or an infection of any kind, notify Northwest Surgery Center before coming in for your surgery.

If you have any questions, please call: 414-257-3322

After Your Surgery:

- After you leave the operating room, you will be taken to the recovery room for a brief period. From there you will be released to go home by the physician.
- For you own safety, a responsible adult MUST drive you home if you have taken a Lorazepam.

Special Tips:

- If you have any problems, please call the facility. If after hours press 2 to reach a staff member.
- You will receive a telephone call after surgery from one of our nurses, to inquire as to how you are feeling. If you have any concerns, please discuss them with the nurse.
- Please limit to one (1) the number of people accompanying you. This person is welcome to stay or we will call them when you are ready to go home.
- Times vary, but you can plan that you will be with us from one to three (1-3) hours.
- If there is a possibility that you are pregnant, please be sure to discuss this with your physician.
- You will be given a prescription for medication after your surgery.

Foot Scrub Directions

Wash your foot 3-5 minutes making sure to wash all areas of the foot, ankle and in between toes. Do not allow soap/shampoo to come in contact with the foot after the scrub because it will deactivate the antiseptic.
Dry foot completely with a clean towel, then apply a clean sock. Do not apply body lotion or powder to your foot after washing it.